

OBJECTIVES AND ACTIVITIES OF THE ALOHA PEACE HOUSE

1. To build trust and friendship between/among participating youth, 14-16 years of age.
 - a) An intense 21-day program in Hawai'i (plus ongoing skill-building via the Internet after their return)
 - b) Physical, non-competitive activities designed for this purpose
 - c) Various social, recreational, and other informal activities
2. To create a spirit of cooperation and teamwork among the youth through:
 - a) Working on projects and jobs together
 - b) Playing games that demonstrate the effect of NOT working together
 - c) Experiencing cooperative games
3. To build the youths' confidence and self-esteem through
 - a) Various meditative techniques and empowering strategies, e.g. PSI, peer monitoring, study of The Seven Habits of Highly Successful People, etc.
 - b) Adventures in nature
 - c) Working holistically to grow food and care for animals
 - d) Beginning and successfully completing projects
 - e) Learning the philosophy of Aloha
4. To help overcome the feelings of isolation, despair and hopelessness fostered by growing up in war zones through
 - a) Experiencing the magic of Hawai'i via camping, hiking, beach trips, etc.
 - b) Connecting with local healers and *kahunas*
 - c) Performing various healing ceremonies based on the wisdom of Aloha and other indigenous belief systems
5. To assist youth to become ambassadors of Aloha through training in
 - a) Techniques of effective non-violent communication (NVC)
 - b) Public speaking and interacting with the media (newspaper, radio, TV)
 - c) Projects that require interdependence, compromise, and trust
 - d) Correcting common misconceptions and prejudices surrounding issues related to the conflicts back home (guided by counselors)
 - e) Political organizing and community development, and
 - f) Linking program alumni with other peace organizations where the youth can continue to be active in their areas of origin